INITIATE SECTION

Degree 6 Nos. 15–18

Know thyself, and thou shalt know the universe and the gods.
Metaphysical healing has always been part of the Rosicrucian teachings. Among all the present-day traditional and initiatory organizations, we can justifiably say that AMORC holds the greatest knowledge in the realm of mystical therapeutics. We say this for two reasons. First, our Order has at its disposal a sacred heritage dating from ancient times. Second, we are continuously researching new methods to make the application of the Rosicrucian treatments even more effective. In this way, our Order is contributing to the return of traditional medicine, as it was formerly practiced by the most advanced civilizations and as it will be again practiced in the Aquarian Age. In this monograph and in the three that follow, we will present an excerpt from the numerous reports prepared by the Medical Research Section of Rose-Croix University International.

What is the nature of the vibratory energy utilized in Rosicrucian treatments? Although this question cannot be resolved on purely scientific grounds, it is possible to provide a satisfactory answer to the phenomena that have been observed for centuries in the application of Rosicrucian healing. For many years AMORC has studied in its laboratories the factors that trigger and control the mechanisms of healing. These mechanisms, which utilize to a large extent the magnetic, electric, and psychic natures of the sympathetic and parasympathetic divisions of the autonomic nervous system, can be voluntarily stimulated so as to relieve or heal numerous biological disorders. Therefore, the problem is knowing what the electro-physiological basis is for the curative energy that we utilize in our mystical treatments. In a relatively recent magazine article concerning the electrical phenomena involved in the development of vegetable and animal organisms, the authors pointed out the discovery in 1952 of the existence of a spontaneous electric current at the place where a human skin lesion was in the process of healing. Other writers have demonstrated, by connecting two patches of skin to a very sensitive galvanometer, that there exists at rest a spontaneous current which can vary under the effect of psychological stimulations.

(continued on page 7)
Dear Fratres and Sorores,

This monograph and the three that follow contain some particularly important diagrams that list various major or minor conditions which may be relieved or healed by the application of Rosicrucian techniques. They also clearly indicate the type of treatment that should be carried out for healing and the ganglion or ganglia to be used. Each diagram forms a synthesis of our knowledge concerning the sympathetic division of the autonomic nervous system and the procedures that offer the possibility of curing most of the diseases that afflict us. Their exactness has been put to the test and confirmed by scientists who are Rosicrucians. Moreover, Rosicrucians practicing medicine use these techniques daily in their therapy. Therefore, you should give the techniques and diagrams your undivided attention and familiarize yourself fully with their contents.

The illnesses listed on the left side of each of these four diagrams respond to a positive treatment, while those listed on the right side need a negative treatment. The summary of this and the following three monographs include important points you must fully absorb so as to apply either one of the two treatments effectively and to stimulate the corresponding sympathetic ganglia correctly.

The diagram that you will study today concerns in particular the pathological states which may be treated by a negative or positive stimulation of the first cervical ganglion. As you will remember, this ganglion is located at the nape of the neck, on each side of the spine, level with the mouth. Although the second cervical ganglion also appears on this chart, we seldom use it in Rosicrucian healing because all the conditions that can be corrected by using it are more readily treated with the assistance of the third cervical ganglion, which is easier to locate.

HEADACHES: As you will notice, no treatment for headaches is indicated in this monograph’s diagram. This is because the cause of a headache is often located in another part of the body or is due to factors that have no direct connection with the organs of the head. Consequently, a stimulation applied to the first cervical ganglion cannot neutralize the origin of a headache and the resulting pain. To provide temporary relief to a person suffering from a migraine headache, you should proceed as follows:

Position yourself behind the subject. Keep your left index and middle fingers together and place the fingertips on the subject’s
left temple. Do the same thing with your right index and middle fingers, and place the fingertips on the subject’s right temple.

While keeping your fingers in this position, take three neutral breaths. As explained earlier, neutral breaths are done by inhaling and exhaling deeply through the nose, without any pause in your breathing. In other words, deep neutral breathing consists of inhaling deeply through the nose, exhaling deeply through the nose, again inhaling deeply through the nose, and so on, without any pause between the deep breaths.

Take your fingertips off the subject’s temples and pause for about a minute. Breathe normally during this pause.

Again place the index and middle fingertips of each hand as previously directed and take another series of three deep neutral breaths.

Once more take your fingertips off the subject’s temples and breathe normally while pausing again for approximately one minute.

After applying your index and middle fingers on the subject’s temples a total of three times, while performing a series of three deep neutral breaths each time, place the palm of your right hand on the subject’s forehead and remain in this position for approximately three minutes while breathing normally.

Remove your hand: the treatment is completed. However, if you wish to reinforce the relief, you may repeat the entire process after pausing for at least fifteen minutes.

Even though this treatment effectively alleviates the pain resulting from a migraine headache, we must remind you that its cause has not been systemically removed. As stated previously, the cause often involves factors that have no direct relationship with the physiological activities in the head. Experience shows that stress, fatigue, anxiety, digestive problems, and many other causes can bring about headaches. In those instances where the organs of the head are involved, deficient eyesight is most often the cause of migraines. Although it is possible to use Rosicrucian techniques to relieve or heal these symptoms, the patient should still seek a proper medical diagnosis so as to confirm the exact origin of these headaches.

With best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER
Cervical arthrosis
(Negative treatment followed by a positive treatment)
Summary of This Monograph

The summary of this monograph and the next three are devoted to a recall of the method to follow for applying the positive and negative treatments. We think that this voluntary repetition will help you to assimilate better the basic principles of Rosicrucian therapeutics.

NEGATIVE TREATMENT

Place the thumb, index, and middle fingers of the non-dominant hand on the dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep negative breathing. This is done by inhaling deeply through the nose; exhaling completely through the nose; and keeping the lungs empty of air for as long as possible without any discomfort.

POSITIVE TREATMENT

Place the thumb, index, and middle fingers of the dominant hand on the non-dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep positive breathing. This is done by inhaling deeply through the nose; holding the air in the lungs for as long as possible without discomfort; and then slowly exhaling through the nose.
The electrical response of the skin to a stimulation of the autonomic nervous system has been called the “psychogalvanic reflex.” This phenomenon is related to the intensity of the emotional stimulation which provoked the operation of the nervous system. In the last few years the researches of Burr, Northrup, and Ravitz described in detail the correlation existing between the fields of direct current and the body’s organic activities. However, since their explanations of the origin and distribution of these fields depend on the presence of an intangible Vital Life Force, they are not acceptable to the scientific community. Even though evidence of the presence of this direct current—sometimes at rest and at other times spontaneous—which is utilized in electrotherapy for its curative power has been observed on numerous occasions, no proof exists that this current of electrochemical nature alone produces the therapeutic results obtained by the Rosicrucian healing technique. If we admit that such a current can support an energy as subtle as Vital Life Force and intervene in the phenomena of growth, assimilation, and healing, then we must recognize that this direct current controls another energy of a psychic nature. In fact, very frequently the processes involve a greater power of emission and reception utilizing as a support an energy as simple as the direct current.

—ROSE-CROIX UNIVERSITY INTERNATIONAL
As was stated in the previous monograph, the following excerpt is taken from a report in which the Medical Research Section of Rose-Croix University International discusses various aspects of Rosicrucian healing.

In the cerebrospinal nervous system, the perineural signals of the direct current may, by means of “action potentials,” serve as a basic substratum for a higher psychic energy. An action potential is the signal propagated by the nerve cell in the form of an ionic depolarization that corresponds to what is also called “nerve influx,” although this term is not the proper one to describe this signal, which is essentially of an electrochemical nature. This same action potential transmits considerable information into the body and brain very rapidly. The ionic depolarization thus engendered is of a binary nature, and the contents of the information depend on the frequency and rhythm of these depolarization pulses. An even lower energy signal is produced by the satellite cells of the cerebrospinal nervous system; this also transmits information through a direct current, but this information does not then depend exclusively on depolarization and binary signals. It is linked to parameters such as polarity, amplitude, or the particular low-frequency nerve waves it engenders. Moreover, this direct current is incapable of propagating itself at high speed, and it does not have a strong capability to operate. However, it can function very regularly during long periods in controlling numerous changes.

From the foregoing, we can deduce that direct current signals are apparently generated and distributed by the perineural cells of the cerebrospinal nervous system. These perineural cells are the satellite cells around the neurons of a sheath composed of a special substance described as “glial.” Today we have much information on the electrophysiological activity of these satellite cells which tend to sustain our hypotheses. Their concentration in the sympathetic chain ganglia and their specific activity at this level is of great interest to Rosicrucian therapists. In no other part of the body than the brain does there exist

(continued on page 13)
Dear Fratres and Sorores,

The diagram presented in this monograph concerns the pathological states that may be relieved or possibly healed by applying a positive or negative treatment to the sympathetic ganglia located between the third cervical and the fourth thoracic. Among these ganglia you should pay particular attention to the third cervical which, as you will remember, is united with the first thoracic. In fact, all of the ailments indicated in this diagram may be treated by using this single ganglion, for it is connected to many organs, particularly those dealing with the breathing and heart functions. Moreover, all stimulation performed upon it indirectly affects the first two cervical ganglia.

As we already stated, the third cervical ganglion (first thoracic ganglion) is located at the base of the neck, at the place where it is attached to the trunk. To be more precise, it is found on either side of the spinal column, at the level of the first vertebra that remains stationary when a person turns his or her head. In relation to the front of the body, remember that it corresponds to the substernal cavity. Since the size of this ganglion is relatively important, all treatment directed to this area is effective for the illnesses listed on the following pages.

As was true of the previous diagram, we ask that you pay close attention to the diagram that appears in this monograph.

**HEADACHES:** In the last monograph, we described a special treatment for alleviating migraines and indicated that the purpose of this treatment is simply to lessen pain and not necessarily to neutralize the underlying cause. The method that was explained to you should be used when the operator and the subject are both right-handed. However, this is not always the case.

If both the operator and the subject are left-handed, then most all of the procedures indicated are still valid. However, at the end of treatment, the operator should place the palm of his or her left hand on the subject’s forehead.

If only one of the individuals is left-handed, the operator should stand in front of the subject and place the right index and middle fingers on the subject’s left temple and the left index and middle fingers on the right temple. Thus, the positive polarity of one will be in contact with the positive polarity of the other, and this will also be true of their negative polarities. If the operator is left-handed, this person should place the left hand on the subject’s forehead at the end of the treatment.
In every instance, the breathing procedures remain the same and the way in which the right or left hand is applied is unimportant. The goal is to create a kind of beneficial short-circuit to relieve the migraine.

With best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER
**POSITIVE TREATMENT**

Arthritis of Upper Limbs
Breathing Cramps
Breathing Spasms
Cervical Arthritis
Chills
Deficient Breathing
Demineralization
Dry Skin
General Lymphatic Deficiency
General Tiredness
General Vein Deficiency
Heart Pains
Hypotension
Neuralgic Pains
Rib Cage Traumatism
Sensation of Suffocation
Sores on the Chest
Sores on the Upper Limbs
Spasmodic Pains in Arms
Spasmodic Pains in Back
Spasmodic Pains in Lungs
Spasmodic Pains in Neck

**NEGATIVE TREATMENT**

Acne on Back
Arthritis of Shoulders
Arthritis of Upper Limbs
Asthma
Bronchitis
Colds
Dry Cough
Eczea over Body
Fever
Gout of Upper Limbs
Hypertension
Infection of Upper Limbs
Infection of Neck and Upper Trunk
Inflammation of Upper Trunk
Inflammation of Bronchi (Bronchitis)
Inflammation of Pericardium (Pericarditis)
Inflammation of Pleura (Pleurisy)
Inflammation of Veins in Arms
Inflammation of Upper Limbs
Inflammation of Upper Trunk
Inflammatory Pains of Arms
Inflammatory Pains of Back
Inflammatory Pains of Lungs
Inflammatory Pains of Neck
Insomnia
Intercostal Neuralgia
Intercostal Zona (Shingles)
Lymphatic Inflammation of Arms
Malaria
Periarthritis of Shoulder
Pericarditis
Psoriasis
Quinsy
Respiratory Allergies
Rheumatism
Stiffness of the Neck
Tracheitis
Urticaria (Hives or Nettle Rash)
Summary of This Monograph

The summary of this monograph and the next two are devoted to a recall of the method to follow for applying the positive and negative treatments. We think that this voluntary repetition will help you to assimilate better the basic principles of Rosicrucian therapeutics.

NEGATIVE TREATMENT

Place the thumb, index, and middle fingers of the non-dominant hand on the dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep negative breathing. This is done by inhaling deeply through the nose; exhaling completely through the nose; and keeping the lungs empty of air for as long as possible without any discomfort.

POSITIVE TREATMENT

Place the thumb, index, and middle fingers of the dominant hand on the non-dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep positive breathing. This is done by inhaling deeply through the nose; holding the air in the lungs for as long as possible without discomfort; and then slowly exhaling through the nose.
Concurrence (continued)

such a concentration of direct-current generators and transmitters that may be polarized and balanced for the purpose of healing. We may consider this direct current to be a true biological regulator of healing mechanisms. In effect, it has been established that it can help to control the two phases of Vital Life Force. When polarized in one way, it can stimulate nutrition and cell metabolism, but when polarized in another way, it can regulate the blood circulating in our tissues. It is thus involved with several physiological processes such as:

1. The anatomical distribution and the type of action potential manifested in all living organisms, and particularly in the cerebrospinal nervous system.
2. The growth and processes of regeneration.
3. The levels of consciousness, such as visualization and suggestion.
4. The rhythms of our organs.
5. Pain, suffering, and anaesthesia.
6. The functioning of the plexuses and endocrine glands.

—ROSE-CROIX UNIVERSITY INTERNATIONAL
Below we present the third part of a report which, as was previously stated, deals with certain special aspects of the mystical art of healing.

It has been established that the return of the direct current to the sympathetic ganglia of the autonomic nervous system notifies our inner self of any injuries or wounds that the body may have experienced, associating them with pain. The neurovegetative system is capable of responding to such a notification by sending a spontaneous healing current toward the wound. It is this current that has been recorded in the experiments we have previously conducted involving the wound-healing process. In such, the healing of a wound or an infection requires an extra quantity of electrochemical and metabolic energy, this additional energy being necessary to mend a broken bone or to create new tissue or new skin. Such a healing process is well controlled. On the one hand, it is put into effect only in response to an injury and it is adapted to the degree and amount of the repair to be effected. On the other hand, it stops once the repair work is completed. While the healing process itself requires the use of a significant quantity of energy, it is not the same for the regulation of direct current control. For an analogy, it is as though one were to compare the energy that flows through the floodgates of a dam with the energy that is necessary for regulating the floodgates. In this analogy, only a tiny amount of energy is used to open the gates.

It is obvious that the autonomic and cerebrospinal nervous systems are involved in the healing process, but the neuronal mechanism of this process was not understood until recently. It is not the electrical action potential called the “nerve influx” that is responsible for growth and healing in the long run. On the contrary, there is definitely a control aid for controlling the healing influxes. This control aid, as we have already stated, seems to be a direct current of low frequency. The latter is defined as an electric energy displacement that is always carried out in the same direction, as opposed to alternating current. The rapidity of electric charges that instigate them makes them particularly sensitive to
Dear Fratres and Sorores,

The diagram in this monograph lists a number of major and minor ailments that may be treated by a positive or negative stimulation of the sympathetic ganglia running from the fifth thoracic to the first lumbar. For any of these ailments, you may apply these treatments to the tenth and eleventh thoracic ganglia, because, as was previously explained, they are connected to all the other ganglia in this series. Moreover, they are accessible to self-treatment.

Keep in mind that the tenth and eleventh sympathetic ganglia are found on either side of the spinal column, in the part of the back that can be easily reached when placing the hand behind the back. This area corresponds to the lower point of the sternum on the front of the body. Each treatment applied to this area puts us in touch with these two ganglia or with those found in their proximity and thus allows us to effectively treat the pathological states listed on the following pages.

As before, take time to familiarize yourself thoroughly with the diagram appearing in this monograph and try to memorize it.

TREATMENT OF PAIN: As you have surely noticed when studying each of the diagrams that have been presented up to this point, certain diseases are described as being inflammatory while others are called spasmodic. It is important to differentiate carefully between these two types of pain because they correspond to dissimilar ailments that require distinct forms of treatment. Thus, an inflammatory disease needs a negative treatment, while a spasmodic disease calls for a positive treatment. We will now define these diseases’ most obvious characteristics, so that you may distinguish between them and effectively treat them.

Inflammatory pains are usually associated with a destruction of tissue and a massive flow of blood into the affected body part. This is why it is important to apply a negative treatment to them. They are generally associated with the sensations of heat, burning, boiling, or smarting. Included among such inflammatory diseases are tonsillitis, otitis, sinusitis, inflammatory arthritis, hepatitis, appendicitis, etc.

In studying the diagram on page 17 you will notice that both inflammatory pains and their corresponding inflammations are listed under “negative treatment.” This apparent repetition is
necessary, for a medical examination can sometimes reveal the beginning of a local inflammation without the presence of any inflammatory pain. Likewise, not every inflammation is necessarily infectious.

Spasmodic pains generally result from a lack of oxygen to the affected body part, either because of poor blood flow or the narrowing of a blood vessel. That is why a stimulation of positive energy is required. Such pains usually take the form of a cramp, twitch, pang, constriction, pinching, twisting, or spasm. Spasmodic pains may take the form of angina pectoris (coronary spasms), arthritis (joint pain), stomach and intestinal pains, etc.

Whenever you experience pain, you should define its characteristics so as to determine whether it is inflammatory or spasmodic. Once this is done, you should give a positive or negative treatment to the ganglion that is connected to the affected organ or body part.

With best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER
Food Poisoning
(Negative treatment followed by a positive treatment)
Summary of This Monograph

The summary of this monograph and the next one are devoted to a recall of the method to follow for applying the positive and negative treatments. We think that this voluntary repetition will help you to assimilate better the basic principles of Rosicrucian therapeutics.

NEGATIVE TREATMENT

Place the thumb, index, and middle fingers of the non-dominant hand on the dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep negative breathing. This is done by inhaling deeply through the nose; exhaling completely through the nose; and keeping the lungs empty of air for as long as possible without any discomfort.

POSITIVE TREATMENT

Place the thumb, index, and middle fingers of the dominant hand on the non-dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep positive breathing. This is done by inhaling deeply through the nose; holding the air in the lungs for as long as possible without discomfort; and then slowly exhaling through the nose.
external electric and magnetic fields. Changes in these fields produce corresponding changes in the body’s direct current potential. Moreover, cells are constantly the basis of two types of currents: static direct current, which is recorded by a galvanometer as static potential, and the active current created in the cell by an excitation—i.e., by an external electric or electromagnetic influence. This current produces an action potential that propagates itself along the cells. We need to point out that magnetic field inversions accompany changes in states of consciousness and that they are connected with major biological events.

—ROSE-CROIX UNIVERSITY INTERNATIONAL
We now present the last part of the report included in this series of monographs. We hope you have fully absorbed and enjoyed the material. As part of the numerous articles that the Rose-Croix University Medical Research Section has published on the subject of healing, this report shows that our Order makes a constant effort to strengthen and clarify the bonds uniting mysticism and science in the area of health and, in general, everything concerning our material and spiritual well-being.

Rosicrucian healing treatments allow the polarization of the body’s direct current potentials. When they are correctly polarized, these potentials can produce healing on contact. Many scientific works have begun to support the accuracy of our teachings concerning the psychic nature of the body’s magnetic fields and the effects upon it of weak outer magnetic fields. When one compares the readings for the negative non-dominant hand and the positive dominant hand, most individuals tested in our laboratories show a difference in direct current potential of only 3 to 10 millivolts. By prolonged relaxation and visualization exercises, a balancing effect is produced in the body, and the potential difference may drop to less than one millivolt. On the other hand, chronic mental anxiety or tension and illness, as well as psychic and physical trauma, can raise this potential difference much higher than 20 millivolts. We can observe such increases of direct current potential in relation to body injuries; but they cease once healing takes place. These “spontaneous healing potentials” are particularly noticeable on either side of a wound. The healing effects of a direct current may also be stimulated by the external application of weak electromagnetic fields. As explained in AMORC’s teachings, our hands may be applied to an area where there is an injury with a convenient orientation in relation to the body’s own positive and negative polarities; such an application can help to produce more rapid healing.

In conclusion, we can say that two types of bioelectrical nerve potential exist. One is conducted by the cerebrospinal nervous system in the form of rapid action potentials. When they come from the external

(continued on page 25)
Dear Fratres and Sorores,

The illnesses listed in the diagram appearing in this monograph are not many in number, but they can cause considerable pain and suffering. It is possible to alleviate them and neutralize their causes by applying a positive or negative treatment to the lumbar ganglia—and more particularly to the second, third, and fourth lumbar ganglia, located in the lower portion of the back, above the sacral vertebrae. In relation to the front of the body, they are approximately level with the navel.

Keep in mind that we never use the sacral ganglia in Rosicrucian treatments and that there are no coccygeal ganglia. Below the fourth sacral ganglion, the two sympathetic chains of the autonomic nervous system unite at a terminal ganglion.

EXTERNAL WOUNDS: In the last monograph, we described two major kinds of pain that we may experience. We have seen that they do not correspond to the same kind of disease, and thus they require a different treatment. There is also a third kind of disease—one associated with external blows and wounds—that does not necessarily require medical intervention, but which causes temporary pain. Such is true, for example, with slight cuts, scratches, superficial burns, insect bites, bruises, swelling caused by a less violent shock, etc. In these cases, proceed as follows:

Place the index and middle finger of the left hand on one side of the affected area and the index and middle finger of the right hand on the other side, as is shown on the next page.

When your fingers are in place, engage in a series of deep neutral breaths. Remember that this is done by breathing deeply in and out through the nose without holding the breath.

After doing this for about five minutes, stop the treatment. If the pain persists, you may repeat the treatment after a pause of at least fifteen minutes.

This treatment is quite effective in alleviating pain and hastening the healing process, but one should also take the usual precautions to prevent infection—i.e., by applying the proper disinfectant, ointment, etc. Moreover, if the pain continues or becomes more intense, it is absolutely necessary to consult a physician or other medical practitioner. Certain wounds that appear to be minor may result in dangerous infections if not properly treated.
This special monograph is the last in this series devoted to major and minor problems that may be healed or treated through the application of Rosicrucian techniques. During our next sanctum period, we will continue our study of healing and examine in detail how to proceed in applying a Rosicrucian treatment to others. In the meantime, we recommend that you study these diagrams several more times so as to become thoroughly acquainted with them.

With best wishes for Peace Profound,

Sincerely and fraternally,

YOUR CLASS MASTER
POSITIVE TREATMENT

Arthritis
Arthritis (Degenerative) of Lower Extremities
Chicken Pox
Cramps of Lower Extremities
Excessive Menstruation
Heaviness in Legs
Heavy Menstrual Flow
Hemorrhoids
Menstrual Pains
Sciatica
Sores on Lower Extremities
Spasms of Leg Muscles
Sterility
Sweating Feet
Varicose Ulcers
Weakness of Sexual Endocrine Glands

NEGATIVE TREATMENT

Adenitis of Groin
Anal and Genital Herpes
Anal and Genital Mycosis
Arthritis (Inflammatory) of Lower Extremities
Cystitis
Gout in Lower Extremities
Infection of Lower Extremities
Inflammation and Congestion of Pelvis
Inflammation of Leg Veins
Inflammatory Pains in Legs
Lymphatic Inflammation of Legs
Phlebitis
Prostatitis
Salpingitis
Sciatica
Shingles in Lower Extremities
Vaginitis
Summary of This Monograph

The summary of this monograph is devoted to a recall of the method to follow for applying the positive and negative treatments. We think that this voluntary repetition will help you to assimilate better the basic principles of Rosicrucian therapeutics.

NEGATIVE TREATMENT

Place the thumb, index, and middle fingers of the non-dominant hand on the dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep negative breathing. This is done by inhaling deeply through the nose; exhaling completely through the nose; and keeping the lungs empty of air for as long as possible without any discomfort.

POSITIVE TREATMENT

Place the thumb, index, and middle fingers of the dominant hand on the non-dominant side of the spine, just above the desired sympathetic ganglion. While keeping the fingers in this position, engage in deep positive breathing. This is done by inhaling deeply through the nose; holding the air in the lungs for as long as possible without discomfort; and then slowly exhaling through the nose.
Concurrence (continued)

world, they are sensory nerve impulses; when they come from the brain to command the voluntary actions, they are motor nerve impulses. This cerebrospinal potential functions in a binary way as membrane depolarizations that move rhythmically along the nerve fibers, which may be regarded as electric wires. The other electric potential is a direct current that arises in the perineural cells, in particular at the level of the sympathetic ganglia and nerve plexuses. This current is sensitive to changes in magnetic fields and can be harmonized with a more subtle healing energy. Its continuous character makes its positive or negative polarization most important. While polarized positively, negatively, or neutrally, it is harmonized with the positive, negative, or neutral healing vibrations of the Vital Life Force and thus permits the control of the body’s internal vibratory energy equilibrium by constantly adapting it to the environment in which we evolve. One such autonomic current reacts and enables the organism to adapt itself to cosmic rays and to magnetic and telluric fields, for it has its own centers of force—i.e., the sympathetic ganglia and nerve plexuses. This is why Rosicrucian healing is based on the stimulation of these centers and particularly the ganglia of both of the sympathetic chains of the autonomic nervous system.

—ROSE-CROIX UNIVERSITY INTERNATIONAL
Consecrated to truth
and dedicated to every Rosicrucian

Grand Lodge of the English Language Jurisdiction, AMORC, Inc.
Rosicrucian Park, San Jose, California, U.S.A.

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